

THIRD ANNUAL WARD 5

Spring 2008

*Community Family*

**Parade and Festival**

Save the date for the Third Annual Ward 5 Community Family Parade and Festival on Saturday, June 28, 2008. The annual theme is "Ward 5 United: Working Together as One." The Festival will run from 10am to 6pm, located at Friendly Inn Settlement, Inc., 2386 Unwin Road, near East 55th and Quincy Avenue. Listen and watch out for the afternoon Parade as a variety of groups march around the heart of the Central neighborhood.

You don't want to miss this years' family event. There will be performances by the City of Cleveland Show Wagon and local talents, activities for youth and senior citizens, service providers, health screenings, food, games and much, much, more!

This Parade and Festival is supported by Ward 5 Councilwoman Phyllis Cleveland, **BBC**, Friendly Inn Settlement, Inc., The Central Family To Family Collaborative, and supporting community groups.

Volunteers, Food and Merchant Vendors are welcome to participate. If you are interested, please contact **BBC's** office at 216.341.1455.

-Sherita Mullins



**FREE Paint and Supplies** Available for a Limited Time

This is the year to give your home exterior, windows, porch, foundation, fence, and/or garage a fresh, new look!

All income-eligible households in Ward 5 can receive up to \$400 in free paint and supplies through the City of Cleveland Paint Program administered by BBC. Program recipients are eligible to reapply every three years.

New homeowners, this is a prime opportunity to touch up your porch, trim, fence, and/or foundation with high-quality, long-lasting paint, provided at no cost to you!

- Residents of Colfax Road, Fuller and Easton Avenues, and East 71st and 73rd Streets are especially encouraged to participate this summer to help beautify their entire streets in concert with **BBC's** Model Block program.

- Applications are now available. For more details and to request an application, please call Nailah Ingram or Jeffrey Sugalski at 216.341.1455. But hurry – participation is limited to a first-come, first-served basis!

-Jeffrey Sugalski



**Bridgeport Place Grand Opening**

April 16, 2008, at 11:30 AM is the moment we have all been waiting for. Save this date for Bridgeport Place Grand Opening and Ribbon Cutting Ceremony, located at 7201 Kinsman Road. The ceremony will be hosted by Burten, Bell, Carr Development, Inc. and Ward 5 Councilwoman Phyllis Cleveland. Special guests include City of Cleveland Mayor Frank Jackson, Bridgeport Place development partners The Ohio Finance Fund and Fifth Third Bank, and Andrew Venable, CEO of the Cleveland Public Library. The event will be open to the public. Come celebrate with us as we officially dedicate this Center to the Garden Valley community.



# COMMUNITY GARDENS CREATE HEALTHIER NEIGHBORHOODS



Do you ever drive by a vacant lot in your neighborhood and envision a green oasis that produces fresh fruits and vegetables for your family and the community? Community gardens provide fresh, nutritious foods that can be difficult to find with the loss of supermarkets and grocery stores in some neighborhoods. They also create opportunities for friendship, community building, and physical activity. The Community Gardening Program at Ohio State University Extension in Cuyahoga County in partnership with the Steps to a Healthier Cleveland has resources, support and technical advice for anyone in Cleveland interested in starting or joining a community garden. Please call OSU Extension at 216.429.8238 to learn more about community gardening in Cleveland and how you can get involved. Help create a healthier neighborhood and get involved in community gardening!



—Courtesy of the Ohio State University Extension Program

## RESIDENTS STRIVING TO MAKE COLFAX ROAD & FULLER AVENUE

## “MODEL BLOCKS”



This winter, residents of Colfax Road and Fuller Avenue were hard at work laying the foundation for positive change in their communities.

Residents of Colfax Road between East 69th and 75th Streets are working to form a block club and block watch for their street and possibly coordinate a summer block party and clean-up event. In January, February and March, community members enjoyed a presentation from Cleveland Police Department Fourth District Commander Roy Rich and his officers about how to make their home, neighborhood, and themselves safe, discussed pertinent area issues with Ward 5 Councilwoman Phyllis Cleveland, learned from a licensed contractor about simple home repairs that they can make to secure their homes, and received information from an attorney about predatory lending and free housing-related legal services available to them. Those who attended also received gift bags that included a free carbon monoxide detector and energy-efficient compact fluorescent light bulbs.

Like those from Colfax Road, residents of Fuller Avenue between East 93rd Street and Kingsbury Boulevard learned about BBC’s Model Block strategy and special home repair programs for which they may be eligible and small grants for community projects. They are planning to create an active block club to build a sense of community and address neighborhood issues.

If you are a resident of Colfax Road or Fuller Avenue, your neighbors want you to join them! Colfax Model Block meetings are held the second Tuesday of every month at 6pm. Meetings for the Fuller Model Block take place the third Thursday of the month at 6pm. All meetings are held at Burten, Bell, Carr Development at Bridgeport Place, 7201 Kinsman Road. To suggest a discussion topic or idea for a guest speaker, confirm meetings, or find out more about the Model Block program, please call Jeffrey Sugalski at 216.341.1455.

—Jeffrey Sugalski

## Check the Locks!

Did you know that in almost half of all residential burglaries, thieves enter through an unlocked door or unlocked window? Therefore, it is very important to **CHECK THE LOCKS**. Over the next several issues, BBC will provide tips on how to reduce your chances of being a victim of burglary, assault, or vandalism. These tips are adapted from the City of Cleveland Police Community Relations Unit.



- Make sure every external door has a sturdy, well-installed deadlock with a minimum of one 1/2” bolt.
- Secure sliding glass door with commercially available locks or use a broomstick or wooden dowel in the track to prevent the door from being pried open. Insert a pin in a hole drilled in the sliding door frame that goes through to the fixed frame to prevent anyone from lifting the door off its track.
- Secure double-hung windows by using keylocks or by sliding a bolt or nail through a hole drilled at a downward angle in top corners of the inside sash and partway through the outside sash. Secure basement windows too. The hole should be large enough that the nail or bolt slides in and out freely, in case you have to open the window fast in an emergency.
- Don’t hide keys in mailboxes, planters, or under doormats. Give an extra key to a neighbor you trust.
- If you just moved in a new house or apartment, have the locks changed.

—Sherita Mullins

## AMERIDREAM

### DOWN PAYMENT GIFT PROGRAM

#### ATTENTION all home buyers interested in Ward 5 neighborhoods!

Burten, Bell, Carr Development, Inc. in partnership with National City Bank will be offering \$5,000 in down payment assistance through the AmeriDream Down Payment Gift Program. This program helps individuals and families have access to safe and affordable homes. Its goal is met by addressing one of the biggest obstacles in the home buying process – down payment and closing costs. This is in addition to the various incentives and assistance available through the City of Cleveland. For more information, call BBC’s office at 216.341.1455.

—Sherita Mullins

## ATTENTION *Ward 5 Senior Citizens!*

Are you a homeowner over the age of 60 and need help painting your home? Free labor and supplies may be available this spring and summer to a very limited number of income-eligible seniors and disabled households. Residents of our Model Blocks streets – Colfax Road, Fuller and Easton Avenues, and East 71st and 73rd Streets – are especially encouraged to apply. For more information, please call Jeffrey Sugalski at BBC at 216.341.1455.

—Jeffrey Sugalski

## Turn Off Your Car!

Idling creates pollution that is bad for our planet and our health

There is a direct connection between climate change and the health of our nation today. National Public Health Week, celebrated the week of April 7-13, 2008, takes a look at the connection between what's good for our planet and what's good for our bodies.

There are lots of things you can do to protect the environment and the health of our community. Going "idle-free" is just one small step you can take.

**What is idling?** Idling means leaving a vehicle's engine running when it is stopped, in park or not in use. We've all done it—waiting outside our child's school or "warming up" our car in cold weather.

**How is idling bad for the environment?** Car exhaust includes carbon dioxide (CO<sub>2</sub>). Excessive amounts of CO<sub>2</sub> in the atmosphere can increase global warming. For each gallon of gas your car burns, it releases about 19 pounds of CO<sub>2</sub>. Car exhaust is a leading source of air pollution. Plus, idling wastes fuel. One hour of idling burns up to a gallon of fuel.

**How is idling bad for our health?** We each take about 20,000 breaths every day, and children breathe 50% more air than adults. Breathing car exhaust increases the risk of death from heart and lung disease and lung cancer. Breathing polluted air is especially dangerous for children and people with asthma:

- Asthma is the third leading cause of hospitalization among children under the age of 15.
- More and more children are being diagnosed with asthma every year. An estimated 20% of children in Cleveland have asthma.
- Asthma symptoms increase as a result of air pollution and car exhaust.

**What can you do?** Turn off your car when stopped for 10 seconds or more. It is a myth that turning off your car frequently is bad for your engine. Also, idling for 10 seconds or more actually uses more gas than restarting your engine. So, when your car is stopped, turn off your engine! With today's rising gasoline costs, you can save money and help to save the environment!

For more information about idling, asthma or National Public Health Week, visit [www.clevelandhealth.org](http://www.clevelandhealth.org).

Steps to a Healthier Cleveland is a city-wide program designed to engage all Clevelanders to live longer, better and healthier lives. The Steps to a Healthier Cleveland program encourages physical activity, healthy eating and tobacco-free choices. These efforts are intended to reduce the burden of diabetes, overweight/obesity and asthma in all of Cleveland's diverse neighborhoods. Learn more at [www.clevelandhealth.org/steps](http://www.clevelandhealth.org/steps).

## 5 Tips to Financial Health

On March 13, 2008 Burten, Bell, Carr Development, Inc. started its' Financial Literacy Workshop spring series. During this 8-week course, participants will learn about the basic steps to becoming financially fit. Below is a sneak peek on some of the weekly financial fitness tips participants will receive. Tips were adapted from the Personal Finance section on [bankrate.com](http://bankrate.com).

### 1. STOP OVERSPENDING

The initial step to becoming financially fit is to stop spending so much. The effortlessness of swiping a credit card makes it easy to forget how much money you're paying. If you struggle to curb your shopping cravings, put your credit cards in the freezer to cool off and start paying with cash. Having to hand over real cash helps most people spend less.

### 2. PAY OFF DEBT

Once you have extra cash to pay off debt, you want to make the most of it. The secret is to pay off highest interest debt first. Pay the minimum on all but your highest interest debt each month. Then, pay off as much as you can afford on that most expensive debt. This way, you pay the least amount of interest over the duration of your debt reduction program.

### 3. PAY YOURSELF FIRST

You won't miss cash if you can get it into savings before you realize you have it. Payroll deductions are the perfect solution to painless saving. Tell your employer to deduct money from your paycheck and deposit it in your account. You learn to live on the amount you get from your paycheck while your savings balance grows.

### 4. IMPROVE CREDIT SCORE

Paying your bills on time is a huge part of your credit score, so you can get started just by being prompt. Credit cards are easier to get than loans, so you can apply for one or two to start beefing up your credit score. The key is to keep your balance well below the card limit and pay those credit card balances off on time.

If earlier credit behavior damaged your credit score, you can nurse it back to health with a slow and steady rehabilitation program. You'll start to see progress after two months, but bringing your score back to perfect health can take six months to several years.

### 5. KEEP YOUR FINANCES SAFE AND SECURE

Identity thieves don't need much to hijack your identity. A key piece of paper and they can open accounts in your name, commit fraud and ruin your credit score. The good news is that fighting back is getting easier. Watch your credit reports and financial accounts for unauthorized activity, and be extremely careful about handing out your Social Security number.

—Sherita Mullins

### Burten, Bell, Carr Development, Incorporated

#### BOARD OF DIRECTORS

MILDRED CEPHUS  
President

JAMES REESE  
Vice President

JACQUELINE SUTTON  
Treasurer

RICHGINA JEFF  
Secretary

SHERALL HARDY | CLEO HILLIARD

CARLO MAGGIORA | MICHAEL SCHOOP, Ph.D

BERNADETTE L. RANDOLPH | DANNY WILLIAMS

#### STAFF

TIMOTHY TRAMBLE Executive Director

JOSEPH JONES Real Estate Dev. Director

JEFFREY SUGALSKI Real Estate Dev. Specialist

ORLANDO GRANT Weed & Seed Site Coordinator

TERALAWANDA AARON Weed & Seed Safe Haven Coordinator

JOY JOHNSON Grants Management Director

SHERITA MULLINS Program Manager

NAILAH INGRAM Office Manager

DANNETTE DAVIS Graduate Student Intern

ELMORE SPAIN Undergraduate Student Intern

# ON THE HORIZON

## LOOK TO THE ON THE HORIZON SECTION FOR UPCOMING EVENTS IN THE CITY OF CLEVELAND

### READING GARDEN

With the support of Cuyahoga Community College (Tri-C), BBC partnered with the Carl & Louis Stokes Central Academy to launch "Reading Day in the Park" at the St. John's Reading Garden for students from the school. K-3 teachers and the school librarian will take students to the Reading Garden during instructional time to read and learn about the environment. Also, students will be given free books and opportunities to design art projects. Reading Day in the Park will begin in the spring of 2008. Along with these events, BBC and Tri-C will be having monthly book drives to provide free books to children. In February 2008, we reached out to area churches requesting books. We received books from Tiedstone Baptist Church, located at 3782 Community College Avenue and The Word Church, located at 18909 South Miles Road. If you are interested in donating children books, please contact BBC's office at 216.341.1455.

### CITYWORKS GRANT

Calling all neighborhood groups! The Cityworks grant deadline is April 25, 2008 at 5pm. Neighborhood groups and clubs in Cleveland may apply to receive a matching grant of up to \$3,000 with the Cityworks Neighborhood Matching Grant Program. BBC can assist groups in preparing the application for the grant. For more information, refer to the winter 2008 newsletter, or call BBC at 214.341.1455.

### BBC WELCOMES CITY YEAR TO WARD 5

March 13-17, 2008, City Year Cleveland will dedicate 100 Hours of Power to Ward 5. 100 Hours of Power is a powerful and innovative five-day service marathon that unlocks the potential of youth to make a difference in their communities and to inspire positive change. Corps members organize corporate and community volunteers in 100 hours of service to improve schools and neighborhoods. BBC is excited that Ward 5 was selected and is helping City Year plan projects in our service area.

*For information on any of our various programs, please call us at 216. 341.1455.*

| Date      | Time       | EVENT  | Location                      | Address  |
|-----------|------------|--|-------------------------------|--|
| April 12  | 10AM-2PM   | Child Safety Fair                                  | Central Cadillac-Hummer       | 2801 Carnegie Avenue (near E. 30th and Carnegie) |
| April 12  | 12:00 PM   | Ward 5 Club  | Vocational Guidance Services  | 2235 E. 55th Street                              |
| April 16  | 11:30 AM   | Bridgeport Place Grand Opening                     | Bridgeport Place              | 7201 Kinsman Road                                |
| April 17  | 6:00 PM    | Fuller Model Block Meeting                         | Bridgeport Place              | 7201 Kinsman Road                                |
| April 22  | 6:00 PM    | Kinsman-Union Association Mtg.                     | Union Library                 | 3463 E. 93rd Street                              |
| April 29  | 7:00 PM    | 5th District Police Community Relations Board Mtg. | City Mission                  | 5310 Carnegie Avenue                             |
| April 30  | 7PM-8:30PM | 4th District Police Community Relations Board Mtg. | Covenant Baptist Church       | E. 119th St. and Kinsman Rd.                     |
| May 10    | 12:00 PM   | Ward 5 Club  | Vocational Guidance Services  | 2235 E. 55th Street                              |
| May 13    | 6:00 PM    | Colfax Model Block Meeting                         | Bridgeport Place              | 7201 Kinsman Road, Suite 104                     |
| May 14    | 11AM-1PM   | 19th Annual Senior Day                             | Cleveland Convention Center   | 500 Lakeside Road                                |
| May 15    | 6:00 PM    | Fuller Model Block Meeting                         | Bridgeport Place              | 7201 Kinsman Road                                |
| May 16-18 | 10AM-8AM   | 9th Annual Cleveland Fine Art Expo                 | Tri-C, Eastern Campus         | 4250 Richmond Road                               |
| May 17    | 11:00 AM   | Black History Live Program                         | Karamu House                  | 2355 East 89th Street                            |
| May 27    | 6:00 PM    | Kinsman-Union Association Mtg.                     | Union Library                 | 3463 E. 93rd Street                              |
| May 27    | 7:00 PM    | 5th District Police Community Relations Board Mtg. | TBD                           | TBD  |
| May 28    | 7PM-8:30PM | 4th District Police Community Relations Board Mtg. | Covenant Baptist Church       | E. 119th St. and Kinsman Road                    |
| June 5    | TBD        | Weed & Seed Job Fair                               | City Mission                  | 5310 Carnegie Ave.                               |
| June 7    | TBD        | City Mission Health Fair                           | City Mission                  | 5310 Carnegie Ave.                               |
| June 10   | 6:00 PM    | Colfax Model Block Meeting                         | Bridgeport Place              | 7201 Kinsman Road, Suite 104                     |
| June 14   | 12:00 PM   | Ward 5 Club  | Vocational Guidance Services  | 2235 E. 55th Street                              |
| June 24   | 6:00 PM    | Kinsman-Union Association Mtg.                     | Union Library                 | 3463 E. 93rd Street                              |
| June 24   | 7:00 PM    | 5th District Police Community Relations Board Mtg. | TBD                           | TBD  |
| June 25   | 7PM-8:30PM | 4th District Police Community Relations Board Mtg. | Covenant Baptist Church       | E. 119th St. and Kinsman Road                    |
| June 28   | 10AM-6PM   | Ward 5 Community Family Parade and Festival        | Friendly Inn Settlement, Inc. | 2386 Unwin Road (near E.55th & Quincy Ave.)      |

## CURRENT EVENTS

If you would like to submit an event to our Current Events calendar, please contact Joy Johnson at BBC, (216) 341-1455. Please call Councilwoman Cleveland's office to confirm all community meetings (216) 664-2309.

*Thank You*

www.bbcdevelopment.org  
 Fax: (216) 341-2683  
 Phone: (216) 341-1455  
 Cleveland, OH 44104  
 7201 Kinsman Road, Suite #104  
 Bridgeport Place

*Let's Move!*



NON-PROFIT ORG  
 U.S. POSTAGE  
**PAID**  
 Cleveland, OH  
 Permit No. 2753